

RÖSSING MARATHON NATIONAL CHAMPIONSHIP

Entry form:

- 5km Fun Walk
- 10km Uranium Relay

😊 LIVE WELL 😊 BE WELL

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1991 - 2016

*Rössing Marathon
25 Years
of celebrating healthy lifestyles!*



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1976 - 2016
40 years of uranium oxide production in Namibia!

RioTinto
Rössing Uranium
Working for Namibia

10km URANIUM RELAY - (Starting time: 7:00)

COMPANY	
TEAM NAME	
CAPTAIN	
CONTACT NO	
TEAM MEMBERS	1. Start (1 st leg): _____ 3. Second handover (3 rd leg): _____ 2. First handover (2 nd leg): _____ 4. Third handover (4 th leg): _____

ENTRY FEE: N\$80 per team of four runners

REGISTRATION: Friday (12 Feb) 18:00 - 21:00 & Saturday (13 Feb) 5:00 - 6:00

VENUE: Vineta Central Sports Fields

10km URANIUM RELAY FORMAT:

This event is open to Rössing Uranium & Erongo uranium company employees & contractors only. All proceeds from entries for this event are donated to the Cancer Association of Namibia in the fight against cancer.

A team of four runners can be entered in the event. The time of the runner finishing at the Swakopmund athletics stadium will be taken for the final placing of each team.

Participating teams are responsible for transporting team members to the respective handover points before the race starts! One runner at the starting point, two runners at the 2.5km/7.5km mark and one runner at the 5km mark on the same route as the marathon. The hand-over points are marked along the Henties Bay road.

5km FUN WALK - (Starting time: 9:00)

NAME/S	
TEAM NAME	(IF ANY)
TELEPHONE	
EMAIL	
DATE OF BIRTH	
ADDITIONAL DONATION TO THE CANCER ASSOCIATION OF NAMIBIA (OPTIONAL)	N\$

ENTRY FEE: N\$10 per walker

REGISTRATION: Saturday (13 Feb) 7:30 - 8:45.

VENUE: Vineta Central Sports Fields

FUN PRIZE-GIVING CEREMONY (10:00)

1. Best themed/most original costume
2. Funniest hat
3. Youngest walker (excluding toddlers in prams & pets)
4. Oldest walker
5. Tallest walker
6. Cutest pet walker