

**PROGRAMME OF EVENTS**

- **Rössing Marathon National Championship**
  - **10 km Run**
  - **10 km Uranium Relay**
  - **5 km Fun Walk**

**Vineta North Sport Fields  
Swakopmund**

**11 February 2017**

## Friday, 10 February 2017

18:00 – 21:00 Athlete registration at venue. Athletes to receive race numbers and T-shirts on a first-come, first-served basis

### Registration for :

- Marathon
- 10 km Run
- Uranium Team Relay

## Saturday 11 February 2017

6:45 Participants gather at starting line for race-rules announcement by race director, Frank Slabbert

6:55 Word of encouragement to participants by Rössing managing director, Werner Duvenhage, at Start/Finish point

7:00 Rössing managing director, Werner Duvenhage to officially start the marathon by firing the starting pistol.

### **15 min break to allow marathon runners to get ahead**

7:15 Race director to officially start the 10 km Run by firing the starting pistol.

7:30 – 8:55 Athlete registration at venue. Participants to receive T-shirts on a first-come, first-served basis

### Registration for :

- 5 km Fun Walk
- Uranium Team Relay (in aid of CAN)

8:30 Zumba warm-up session for fun walkers starts

8:50 Welcoming and word of encouragement to participants by Chairperson of Cancer Association of Namibia (CAN) Swakopmund Branch, Hildegard Geduldt

Route directions from race director, Frank Slabbert.

9:00	Rio Tinto chief executive for Energy & Minerals, Bold Bataar, to officially start the Uranium Team Relay and 5km Fun Walk by firing the starting pistol
10:00 – 10:30	5 km Fun Walk and Uranium Team Relay prize giving ceremony
12:00	<b>Marathon cut-off time</b>
12:15 – 13:00	Main prize giving ceremony for Rössing Marathon and 10 km Run  <b>Keynote speaker Werner Duvenhage, Managing director, Rössing Uranium</b>
13:00	Programme ends.