

# Rössing Marathon

## Results by Gender: 21km

Date: 08 Mar 2025

Pos	No	Name	Category	Time
<b>Male</b>				
1	720	Simon PAULUS	Open	01:03:48
2	601	Fule Jerusalem HAMUTIMA	Junior	01:08:51
3	19	Vilho PAULUS	Veteran	01:09:15
4	3144	Geson KOPER	Open	01:11:35
5	384	Joel LUKAS	Open	01:12:11
6	3164	Maulisiu DOMINIKUS	Open	01:12:15
7	715	Lucas Challow SHINYEMBA	Junior	01:13:22
8	542	Gebhard KEPHAS	Open	01:15:25
9	428	Bonifastus Dindo KAVANA	Open	01:15:42
10	3352	Oscar KOMEYA	Veteran	01:16:34
11	513	Nestory KAUDINGE	Open	01:17:46
12	3050	David Shilongo IYAMBO	Veteran	01:18:16
13	3068	Winter ERASTUS	Veteran	01:19:15
14	575	Shalongo BENYAMEN	Open	01:20:20
15	3265	Onesmus KASHIKUKA	Open	01:20:35
16	3296	Emil THUM	Junior	01:20:45
17	222	Toivo FESTUS	Veteran	01:20:57
18	3062	Willie Mac VAN ZYL	Open	01:21:02
19	383	Isreal AMUKWA	Open	01:22:14
20	348	Jesaya SHIINGIDWA	Junior	01:22:19
21	457	Isack KAWELA	Open	01:24:24
22	3122	Matias MUTOTA	Master	01:24:28
23	403	Daniel TAUTUNYENGE	Open	01:26:33
24	559	Absalom NAMWEYA	Veteran	01:27:42
25	3357	Jeremiah SHETEKELA	Veteran	01:28:19
26	599	Ananias AMBUNDA	Veteran	01:29:15
27	527	Tobias Shimuna AIMWATA	Open	01:29:52
28	3338	Mbirimuje KANDUKIRA	Open	01:29:53
29	397	Joshua TITUS	Junior	01:30:20
30	571	Erbby AMUKOSHI	Junior	01:30:32
31	3025	Lineekela Panduleni	Open	01:30:47
32	3108	Thomas Shetwaadha	Veteran	01:30:56
33	3116	Martin KADIRA	Open	01:31:39
34	552	Donatus AIHUKI	Open	01:33:28
35	652	Nashidengo PAULY	Open	01:33:38
36	606	Tangeni JUSTUS	Open	01:34:22
37	3341	Gabriel JOSEPH	Open	01:34:46
38	3213	Isabello UUSIKU	Open	01:34:46
39	3006	Mateus Simaneka	Junior	01:35:04
40	3052	Sageus MERORO	Veteran	01:35:13
41	3148	Showan WÜRMS	Veteran	01:36:29
42	3346	Sheya FILIPUS	Open	01:37:01
43	3220	Natangwe Ndadjalohole	Junior	01:37:04
44	3119	Aktofel KASHEETA	Open	01:37:09

Pos	No	Name	Category	Time
45	548	Logan Chandler	Open	01:37:09
46	3326	Veikko SILAS	Veteran	01:38:11
47	709	Hofni E NANGOMBE	Open	01:39:01
48	3043	Rowan FRANCISCUS	Open	01:39:08
49	710	Simeon AMBUGA	Open	01:39:49
50	696	Adolf Kamulu KLEOPHAS	Open	01:40:12
51	3208	Elikan HAMUTENYA	Open	01:40:23
52	394	Evan PRETORIUS	Open	01:40:23
53	325	Jefta KANGUMBA	Master	01:40:47
54	576	Heikki NDAKOLUTE	Open	01:40:57
55	697	Buhe KHUPE	Veteran	01:41:03
56	3278	Tuli NAKANYALA	Veteran	01:41:47
57	553	Tjavanga TJIWEZA	Open	01:41:47
58	3325	Kundai TAMBO	Open	01:41:52
59	3194	Jason MAASDORP	Open	01:42:40
60	3121	Josef Ndauvako AIHUKI	Open	01:43:02
61	691	Andreas UDISHINGA	Open	01:43:09
62	600	Frans JOHANNES	Open	01:44:15
63	528	Etegameno HAIWEKA	Open	01:44:26
64	425	Marco AUGUSTYN	Open	01:44:28
65	523	Immanuel KUUTONDOKWA	Open	01:44:48
66	3282	Schalk PIENAAR	Open	01:45:03
67	3226	Silas IIPUMBU	Open	01:45:06
68	678	Enem KRITZINGER	Open	01:45:24
69	3247	Tjiunatjo KANJAA	Open	01:45:43
70	387	Ben AMADHILA	Open	01:46:02
71	713	Erastus SHINGHWETE	Open	01:46:23
72	3270	Jackson KAPUKA	Veteran	01:46:42
73	3064	Edward SHIMI	Open	01:46:45
74	3106	Gottfried ARAEB	Veteran	01:46:50
75	719	Bollah-Braz HANGULA	Open	01:47:04
76	637	Tobias ANGULA	Open	01:47:36
77	3339	Penda SHEEHAMA	Open	01:47:47
78	3375	Bullet MUDINDO	Veteran	01:47:50
79	3091	Francisco ROMERO	Open	01:47:55
80	574	Sakeus Shuufeni	Open	01:47:58
81	3260	Dewaldt VAN ANTWERPEN	Open	01:48:03
82	673	Brian SACCO	Master	01:48:03
83	350	Given AMUNJELA	Open	01:48:29
84	3055	Gotlieb LUCAS	Open	01:48:42
85	3165	Hosea KUUGONGELWA	Open	01:48:48
86	448	Sydney Cn NUWUSEB	Veteran	01:49:01
87	3300	Kudakwashe CHIKWARA	Veteran	01:49:21
88	3067	Toivo SHIPAHU	Open	01:49:30
89	706	Marius KRUGER	Master	01:50:31
90	3219	Gianni PLATT	Open	01:50:42
91	520	Martin UTONI	Open	01:50:46
92	1217	A'dean MAGGOTT	Open	01:50:48
93	3118	Jesaya MWANDINGI	Open	01:50:50
94	525	Michael BRITZ	Veteran	01:51:12
95	437	Andreas NGHIKAMBE	Veteran	01:51:19

Pos	No	Name	Category	Time
96	3286	Tian WEI	Open	01:51:29
97	3023	Juuso Shivute PAULUS	Veteran	01:51:39
98	590	Sc VAN DER WESTHUIZEN	Junior	01:51:51
99	3007	Andreas IIPUMBU	Open	01:52:03
100	3005	Dwaine NDJARONGURU	Open	01:52:04
101	3156	Albert PAPAMA	Grand Master	01:52:08
102	3277	Ruben MWESHININGA	Open	01:52:12
103	320	Harry GREYLING	Open	01:52:29
104	411	Klaus GERSTLE	Grand Master	01:52:30
105	686	Johannes IYAMBO	Open	01:52:50
106	344	Walter NGHAAANEKWA	Veteran	01:52:51
107	620	Kilian UUSHONA	Open	01:53:11
108	535	Kaihovere TJIJAUNDJA	Open	01:53:15
109	668	Fabian HAUFIKU	Master	01:53:22
110	665	Donghuan CHEN	Open	01:53:26
111	3328	Gerhard SNYDERS	Veteran	01:53:50
112	3342	Lyndon BEUKES	Junior	01:53:54
113	362	Ole SUENSON	Grand Master	01:53:55
114	3094	Justin NEL	Open	01:54:28
115	442	Schalk VAN ECK	Open	01:54:35
116	3301	Benjamin OLDENBURG	Junior	01:54:36
117	3161	Johan MOOLMAN	Open	01:54:40
118	3162	Daniel JOUBERT	Open	01:54:41
119	3008	Naftali N JOHANNES	Open	01:54:43
120	3100	Johan MEYER	Open	01:54:46
121	3143	Quintin ESTERHUIZEN	Open	01:54:47
122	360	Etienne Christoffel	Open	01:55:07
123	3047	Abel MACHAYI	Open	01:55:09
124	3259	Andre STRAUSS	Open	01:55:15
125	3049	Reya KARUAIHE	Open	01:55:16
126	3311	Jackson MEADOW	Open	01:55:29
127	3271	Wessel OOSTHUYSEN	Open	01:55:44
128	3136	Jyrus JAIRUS	Open	01:55:46
129	469	Elifas LUAANDA	Veteran	01:55:50
130	3224	Emmanuel Bernard	Open	01:55:57
131	667	Fessy KASHE	Veteran	01:56:04
132	545	Paul GEBHARDT	Open	01:56:06
133	426	Sabtek SIMEON	Open	01:56:13
134	477	Petrus HAUKONGO	Open	01:56:31
135	374	Wayne MAMUTSE	Veteran	01:56:51
136	588	Johann VAN NIEKERK	Veteran	01:56:52
137	3045	Oveni KASIRINGUA	Open	01:56:54
138	508	Vende JAFET	Open	01:57:38
139	643	Bruce HEYNS	Veteran	01:57:40
140	664	Hugo VAN NIEKERK	Veteran	01:58:05
141	3075	Clerence AFRIKANER	Open	01:58:14
142	371	Donovan DIERGAARDT	Open	01:58:23
143	3048	Katuna KAMUHANGA	Open	01:58:27
144	3284	Cuthbert CHIPFUPA	Veteran	01:58:33
145	395	Bonifatius SHIKONGO	Open	01:58:39
146	3178	Festus JAFET	Open	01:58:45

Pos	No	Name	Category	Time
147	295	Shilomboleni SIMEON	Open	01:58:54
148	3145	Sammy Kandiwapa ITOPE	Veteran	01:58:55
149	499	Dedrick /KEIB	Open	01:59:03
150	3096	Shiikwa KATHINGO	Open	01:59:45
151	459	Heskiel EDWARD	Open	01:59:46
152	3113	Kerikora KAVARI	Open	02:00:02
153	333	Bjorn NELL	Open	02:00:22
154	558	Christof VAN NIEKERK	Veteran	02:00:30
155	3231	Fredrich NGHİYOLWA	Veteran	02:00:38
156	3147	Samuel SHIKALE	Veteran	02:00:38
157	503	Matheus SHONGOLA	Open	02:01:00
158	326	Phillemon NANGOMBE	Open	02:01:27
159	695	Haitange HAMWAAMA	Open	02:01:29
160	400	Junias KAMBALA	Open	02:01:52
161	412	Fred-Charles PIETERSE	Open	02:01:56
162	3221	Elago NDJEMBO	Veteran	02:02:00
163	478	Ingo GOLIATH	Open	02:02:02
164	718	Simion VENASIU	Open	02:02:22
165	493	Francois ROBBERTSE	Open	02:03:01
166	672	Januarie GINO	Open	02:03:13
167	683	Thomas IIPINGE	Open	02:03:16
168	351	Wilson NDIYAYELE	Veteran	02:03:33
169	3155	Josef Nadhipite	Open	02:03:38
170	537	Uazikamisa Kami MIEZE	Open	02:03:50
171	241	Majiedt ENGELO	Open	02:03:50
172	373	Walderich NAFTAL	Open	02:03:55
173	3293	Jona MUSHEKO	Open	02:04:23
174	453	Erasmus ENDYALA	Open	02:04:27
175	3269	Phillip SHEKUDJA	Open	02:04:32
176	3212	Gustav NGHİPUİLEPO	Open	02:04:34
177	670	Gregory PIETERSEN	Open	02:04:37
178	401	Paulus PETAYA	Open	02:05:02
179	541	Simson İLEKA	Open	02:05:14
180	615	Casey SKEEN	Veteran	02:05:15
181	481	Emanuel HAUFİKO	Open	02:05:33
182	694	Elia NGHWADA	Open	02:05:41
183	3334	Festus Shuuvēni ANGHOME	Open	02:05:42
184	419	Paulus KANYANGELA	Open	02:05:42
185	554	Tjisuta RUKORO	Open	02:05:44
186	496	Francois-Jacques MALAN	Open	02:05:59
187	3158	Ronsley MÖLLER	Open	02:06:02
188	3176	Leonard İLONGA	Veteran	02:06:32
189	3107	Mateus TOMAS	Veteran	02:06:39
190	3141	Jan NEETHLING	Open	02:06:53
191	617	Lisias Egumbo EGUMBO	Open	02:07:07
192	433	Benjamin İİYAMBO	Veteran	02:07:15
193	3038	Sem MARTIN	Veteran	02:07:27
194	336	Petrus SHİLUNGA	Open	02:07:29
195	455	Shangeelao KAYAVALA	Veteran	02:07:34
196	3307	Gerson Twaffies NHİNDA	Open	02:07:55
197	500	Stefanus LABUSCHAGNE	Open	02:08:08

Pos	No	Name	Category	Time
198	3267	Immanuel KALOMHO	Veteran	02:08:23
199	3104	Sitentu KAMUKWANYAMA	Open	02:08:33
200	430	Xander UXAMB	Junior	02:08:37
201	485	Frans SHIVUTE	Open	02:08:39
202	689	Stefanus NAUKUSHU	Open	02:08:44
203	338	Dylan MOUTON	Open	02:08:54
204	413	Leonardo RANA	Open	02:08:57
205	3188	Charles MOUERS	Open	02:09:04
206	640	Jeiyo MTULENI	Open	02:09:17
207	3139	Michal KULIG	Open	02:09:27
208	3285	Vilho AMUKWA	Open	02:10:05
209	646	Leonard NAIKAKU	Veteran	02:10:12
210	657	Percy TJIPE	Veteran	02:10:25
211	3228	Tjiwaa MUPURUA	Open	02:10:39
212	549	Shereef MARTIN	Open	02:10:53
213	693	Liewa HISKIA	Veteran	02:11:26
214	3095	Jerold SHILAMBA	Open	02:11:31
215	510	Onesmus SHIKONGO	Open	02:11:39
216	589	Airofaan Ruben Miere VAN	Veteran	02:11:41
217	685	Onesmus SHUUNGULA	Master	02:11:51
218	3027	Heita SILAS	Open	02:12:00
219	536	Ujore KATJITUNDU	Open	02:12:02
220	332	Johannes NAMBAHU	Open	02:12:18
221	3340	Petrus KOSMAS	Open	02:12:37
222	474	Stanford LAMBERT	Open	02:12:47
223	490	Salufu LIMBO	Open	02:12:47
224	53	Shikongo LAURENTIUS	Open	02:12:49
225	546	Fillemon KUWA	Open	02:12:53
226	498	Gerhard INDONGO	Open	02:13:18
227	3092	Petrus Tulela NASHIHANGA	Open	02:13:34
228	415	Daniel MILLER	Junior	02:13:50
229	342	Neal PAULSE	Veteran	02:14:23
230	3115	Steven MASSIPA	Open	02:14:43
231	501	Shafo HAITEMBU	Open	02:14:51
232	703	Ernest HAMUKWAYA	Open	02:14:59
233	264	JAwaseb KHOMTATITE	Veteran	02:15:07
234	1708	Atanasius Haingura	Open	02:15:14
235	5000	Ferdinand NGHİYOLWA	Veteran	02:15:17
236	237	Kisting DENVER	Veteran	02:15:23
237	392	Vatileni David NDENGU	Veteran	02:15:24
238	265	Namupala LEEVI	Open	02:15:54
239	3138	Jauque JANSEN	Veteran	02:16:11
240	337	Selwyn MOODY	Veteran	02:16:17
241	3124	Ralph MUNKANDA	Open	02:16:37
242	406	Reinhold SHIVUTE	Open	02:16:40
243	421	Leevi HANGO	Open	02:16:41
244	3079	Abisai AMUNYELA	Open	02:17:13
245	699	David AMBUGA	Open	02:17:15
246	275	Chipfupa MUNYARADZI	Veteran	02:17:18
247	645	Earl HARPER	Grand Master	02:17:38
248	3190	Al-Dylan CAREW	Open	02:17:52

Pos	No	Name	Category	Time
249	605	Wayne PLATT	Open	02:17:57
250	3351	John ADRIAANS	Open	02:17:58
251	725	Simon HENGUA	Veteran	02:17:58
252	473	Malakia KAPEMBE	Open	02:18:02
253	369	Gerhardus SCHOLTZ	Open	02:18:24
254	568	Paulus NDIWETEKO	Veteran	02:18:38
255	3227	Stefanus GARISEB	Veteran	02:18:42
256	399	Colin DE LA HARPE	Grand Master	02:19:08
257	3202	John MOODY	Veteran	02:19:23
258	3152	Penda SHEUNYE	Open	02:19:36
259	377	Dennis Hp SHAILEMO	Open	02:19:40
260	504	Immanuel NDANYENGWA	Open	02:19:48
261	1268	Elton VRIES	Veteran	02:19:56
262	418	Phillipus HAMUNYELA	Open	02:20:16
263	3258	Masimba DAURAMANZI	Veteran	02:21:31
264	3360	Consarve KANYAMA	Open	02:21:44
265	3030	Oscar VAN WYK	Master	02:21:44
266	3192	Desmond SHIKONGO	Open	02:22:39
267	3223	Desiderius SHIPENA	Open	02:22:57
268	514	Theo ISHUNA	Open	02:24:02
269	3054	Sylvester TJITUKA	Open	02:24:32
270	557	Johan LANDERS	Grand Master	02:25:41
271	292	Ekanjo SHALI	Veteran	02:25:58
272	3128	Keith BOCK	Veteran	02:26:18
273	3077	Rasta KAEKA	Veteran	02:26:34
274	417	Stephen MILLER	Veteran	02:27:11
275	482	Gerrit FOUCHE	Veteran	02:27:12
276	414	Fanie BURGER	Veteran	02:27:14
277	647	Absalom SHETUNYENGA	Open	02:27:28
278	534	Seblon NEKWAYA	Open	02:27:28
279	3081	Jason MUTUMBULUA	Open	02:27:35
280	705	Victor Goodson SHILONGO	Open	02:27:39
281	644	Nicco MATENGU	Open	02:27:51
282	3082	Tuuda HANGULA	Open	02:28:12
283	3061	Chris DE JAGER	Open	02:28:15
284	3040	Popyeni SHIKONGO	Open	02:29:51
285	3201	Robert HANGO	Open	02:30:22
286	3243	Erastus STEPHANUS	Open	02:30:23
287	592	Gerwil UIRAB	Open	02:30:38
288	711	Nelson ASHIPALA	Open	02:30:41
289	3053	Seiko SHIIMI	Open	02:30:42
290	3310	Tomas Aksel NDINGILAO	Veteran	02:30:46
291	379	Matthias SCHUBIEN	Grand Master	02:31:04
292	244	Kueyo FRANS	Veteran	02:31:42
293	3012	Ornesto GOAGOSEB	Open	02:31:53
294	3254	Dawid IPINGE	Veteran	02:32:49
295	3314	Gordon MULLER	Open	02:33:04
296	654	Desmund NAWASEB	Open	02:33:04
297	427	Freddy KIDO	Open	02:33:42
298	642	Elvis GOSEB	Open	02:33:47
299	367	Kenneth ISAAKS	Open	02:33:51



Pos	No	Name	Category	Time
300	3076	Fabianus MAHONGO	Veteran	02:33:55
301	519	Mattie NDAMEKELE	Master	02:35:33
302	509	Champcharlie JAFET	Veteran	02:35:54
303	3088	Fleks NANGWASHA	Open	02:36:09
304	3080	Philip INDOMBO	Open	02:37:47
305	3112	Erastus HALUDILU	Open	02:38:03
306	376	Silvanus SHIDOLO	Open	02:38:12
307	622	Barend DE WAAL	Master	02:38:24
308	312	Lancelot HILL	Veteran	02:39:25
309	3343	Revaldo GERTZE	Open	02:39:43
310	3262	Chissano NGHIPWILEPO	Open	02:40:09
311	707	Gabriel Pieter VAN DER	Master	02:40:42
312	618	Immanuel AMORONGO	Veteran	02:41:06
313	3177	Tukaleni MBEELI	Open	02:41:32
314	293	Shindume SHALI	Veteran	02:43:28
315	3225	Tuhafeni PETRUS	Open	02:44:33
316	263	Kaisi KELVIN	Veteran	02:44:46
317	463	Angula MALIMA	Open	02:44:56
318	511	James MAGGOTT	Master	02:46:16
319	3222	Devon WILLEMSE	Open	02:47:11
320	602	Jan VAN NIEKERK	Grand Master	02:47:17
321	3234	Gerson UANIVI	Veteran	02:47:37
322	322	Boris ISAACKS	Veteran	02:47:57
323	3272	Gabriel IKENA	Open	02:48:03
324	398	David FORTUIN	Veteran	02:50:55
325	3187	Aaron MUSHIMBA	Open	02:51:21
326	3002	Tangeni EKANDJO	Veteran	02:52:08
327	3242	Saara SHIINDI	Veteran	02:55:08
328	358	Amos KAMBONDE	Veteran	02:55:47
329	3097	Leonard MATEUS	Open	02:57:53
330	3302	Werner AFUNDE	Open	02:58:14
331	3028	Sima IMENE	Open	03:00:39
332	3275	Ndamonao ILOVU	Open	03:02:21
333	330	Ileni NASHANDI	Open	03:03:32
334	3189	Tomas NEKONGO	Veteran	03:03:38
335	3130	Prayer MAVHUNDU	Open	03:04:51
336	653	Johannes KATHENA	Master	03:06:22
337	341	Juandro VAN ROOI	Open	03:08:00
338	550	Dale GOWASEB	Open	03:14:27
339	3290	Peter-Jac DE KLERK	Open	03:17:37
340	595	Efraim NKOSHI	Open	03:25:33
341	3348	Tuahangana HANGULA	Open	03:26:17
342	3042	Alfons WITBEEN	Open	03:32:58

## Female

1	1887	Ndahambelela SHELIKITA	Open	01:12:38
2	3059	Beata JEREMIA	Open	01:17:09
3	724	Lucia ANDREK	Open	01:17:40
4	3331	Salmi Mpingana	Open	01:18:32
5	3264	Ottilie Kaunapawa	Veteran	01:22:47
6	3322	Drey-Andra VAN DER	Open	01:37:50

Pos	No	Name	Category	Time
7	317	Ndemufayo ANGULA	Veteran	01:43:17
8	461	Nadia LAUBSCHER	Open	01:43:49
9	581	Sanja KRITZINGER	Open	01:45:08
10	586	Diané SMITH	Open	01:45:43
11	269	Nandjovo MARIA	Open	01:47:04
12	677	Sebrinah VAN ROOYEN	Open	01:49:00
13	584	Nadia DEYSEL	Open	01:49:22
14	580	Estelle GREYLING	Open	01:49:27
15	429	Bernadette NAIMBANGU	Open	01:49:28
16	723	Emilia Katekene NAMBAHU	Master	01:49:35
17	3017	Dianca JORDAAN	Open	01:50:08
18	464	Rosalia MARTINS-HAUSIKU	Veteran	01:50:23
19	3198	Nastassja STRAUSS	Open	01:52:04
20	3032	Sigielinde GONTES	Master	01:52:51
21	479	Agathe DIEKMANN	Open	01:53:10
22	3279	Veronica KAHIVERE	Veteran	01:53:37
23	650	Emily EWALD	Open	01:53:53
24	468	Hannely VAN RENSBURG	Open	01:55:02
25	3246	Gabriele GOSSOW	Master	01:55:29
26	359	Eliza STEYL	Veteran	01:55:46
27	3011	Frieda IDIPO- AMUTHENU	Open	01:56:13
28	613	Shekupe HEFINGO	Open	01:56:17
29	2233	Husselmann KARIN	Master	01:57:12
30	3087	Yao LU	Open	01:57:51
31	450	Indileni NYEEMWATYA	Veteran	01:58:42
32	603	Sepiso MWANGE	Open	01:59:19
33	506	Thelma ROBBERTSE	Open	01:59:23
34	660	Zanti HANSEN	Open	01:59:44
35	443	Lahja IMALWA	Open	02:00:37
36	318	Elaine SCHLECHTER	Master	02:00:39
37	347	Wilma MALHERBE	Veteran	02:01:08
38	3065	Hileni RIJNEN	Veteran	02:01:55
39	3063	Hannah LEWIS WINTER	Veteran	02:02:27
40	201	Sara NEKWIITA	Open	02:03:15
41	3058	Anne SCHARRENBROICH	Veteran	02:03:20
42	355	Sonja OATES	Master	02:03:50
43	484	Elmarie FOUCHE	Veteran	02:03:51
44	3182	Isabelle VAN DER WALT	Open	02:03:53
45	675	Monika PHILLIPUS	Open	02:04:06
46	432	Izanne OLIVIER	Open	02:04:11
47	3195	Juzelri MOOLMAN	Open	02:04:13
48	570	Avehovandu KAVITA	Veteran	02:04:18
49	3216	Efe AGBAMU	Veteran	02:04:26
50	594	Pewa NAKALE	Open	02:04:31
51	551	Elise GUSTAV	Veteran	02:04:40
52	3261	Ielse STRAUSS	Open	02:04:40
53	454	Shaanika SELMA	Open	02:04:47
54	3324	Ana CUESTA	Master	02:04:51
55	3273	Engrid LAPORTE	Master	02:04:52
56	3200	Tangi SHILONGO	Open	02:05:13
57	3232	Louise ENGELS	Veteran	02:05:19



Pos	No	Name	Category	Time
58	449	Justine MUFENDA	Veteran	02:06:03
59	495	Elmarie CILLIERS	Open	02:06:29
60	3229	Charis VAN EEDEN	Open	02:06:42
61	662	Hedwig MARKUS	Open	02:07:06
62	544	Yvette IDIOU	Veteran	02:07:13
63	440	Tusnelda NAUKALA	Veteran	02:07:20
64	487	Alma AKWEENDA	Open	02:07:33
65	690	Herodia JUNG	Open	02:08:25
66	1236	Constancia TJIUEZA	Master	02:08:42
67	3167	Rauna NDILULA	Open	02:08:46
68	321	Melissa SCHOEMAN	Open	02:08:53
69	354	Emilia M PAULUS	Open	02:09:03
70	3236	Suzanne VAN ZYL	Master	02:09:04
71	3196	Ann SWARTS	Grand Master	02:09:05
72	532	Dorethea TJKUUA	Open	02:09:51
73	3018	Sunelle VENTER	Open	02:10:07
74	3181	Sue-Ann IZAAKS	Junior	02:10:09
75	357	Angelika STEINMETZ	Veteran	02:10:10
76	352	Sonja VAN DEN HEEVER	Open	02:11:04
77	3280	Theop KAHIVERE	Open	02:11:18
78	3251	Hilja SHATONA	Open	02:11:18
79	299	Umana SYLVIA	Open	02:11:31
80	380	Heltroud GONTES	Open	02:11:39
81	267	Nambuli LYDIA	Open	02:11:41
82	254	Misihairabgwi JANE	Master	02:11:49
83	3287	Lydia DANIEL	Open	02:11:52
84	378	Kaunapawa ANGULA	Open	02:12:12
85	674	Sharon SCHAFFER	Master	02:12:21
86	3039	Rachael Sekai GWASIRA	Veteran	02:12:21
87	309	Anguu LIISA	Open	02:12:28
88	702	Carien VAN DER WALT	Open	02:12:49
89	388	Charmaine HATTINGH	Open	02:13:33
90	567	Haiping KAUNA	Open	02:13:41
91	3215	Jean-Mari VAN DER	Open	02:13:51
92	3051	Karli GOUS	Veteran	02:13:56
93	562	Annemarie ETSEBETH	Master	02:13:57
94	465	Searl SHILIKOMWENYO	Open	02:14:21
95	277	Amuthenu NDAPANDA	Veteran	02:14:32
96	3084	Olivia HAIPINGE	Open	02:14:33
97	3021	Victoria JASON	Open	02:14:38
98	304	Zatjirua TUHUPA	Veteran	02:14:38
99	610	Alma KIIMBA	Open	02:14:39
100	3140	Iyaloo MATHEUS	Open	02:14:59
101	391	Jessy MENYE	Open	02:15:21
102	659	Justine Venaani NANDE	Open	02:15:27
103	3046	Taimi SHILONGO	Open	02:15:28
104	515	Ndahafa	Veteran	02:15:35
105	3330	Magda VAN WYK	Veteran	02:15:39
106	247	Nambala FRIEDA	Open	02:15:45
107	444	Ndilimeke HAMUTENYA	Open	02:15:47
108	569	Uveniko NEGONGO	Veteran	02:16:06

Pos	No	Name	Category	Time
109	3349	Justina AMWEERO	Open	02:16:08
110	364	Marina COETZEE	Grand Master	02:16:09
111	310	Itana JUSTINA	Veteran	02:16:15
112	623	Johanna Magdalena BRITS	Master	02:16:29
113	243	Murwira EPIFANIA	Veteran	02:16:32
114	445	Agnes Maria ISAK	Veteran	02:16:41
115	353	Clementine NOWASES	Open	02:16:44
116	3010	Vanessa UKCA	Open	02:16:56
117	307	Murerwa WINNET	Veteran	02:16:57
118	368	Etuna Nangula NUUYOMA	Veteran	02:17:14
119	438	Helen ITANA	Open	02:17:18
120	563	Kristine MOSES	Veteran	02:17:49
121	648	Taleni KASHE	Open	02:18:29
122	649	Chanel BESSER	Open	02:18:30
123	561	Ndaendomwenyo SHEYA	Veteran	02:18:50
124	3238	Tersia WEYERS	Master	02:18:54
125	3350	Sharon NEUMBO	Veteran	02:19:17
126	533	Hinduu KAHUNGI	Open	02:19:26
127	297	Nghiyolwa STAR	Veteran	02:19:32
128	3041	Hendrina ENGELBRECHT	Open	02:19:47
129	565	Vatoorora	Open	02:19:49
130	3114	Richardine COETZEE	Open	02:20:11
131	435	Ipawa MWAETAKO	Veteran	02:20:25
132	3183	Justina AMUPOLO	Open	02:20:27
133	636	Mulipo Selma AMBOLE	Open	02:20:44
134	3186	Melanie NAMWANDI	Open	02:20:45
135	625	Emilia TAGLIAFERRI	Master	02:21:17
136	460	Maria Nkelo NDJAMBULA	Open	02:21:23
137	3336	Rakkel NEHALE	Open	02:21:26
138	639	Ellen SHIPENA	Open	02:22:07
139	3168	Kristen BRITS	Open	02:22:16
140	363	Marelise VON WIELLIGH	Open	02:22:19
141	3347	Andrea STIER	Veteran	02:22:21
142	3299	Salmi NESHILA	Open	02:22:25
143	456	Monise VISAGIE	Open	02:23:17
144	555	Jazmine TJIKUNDI	Open	02:23:17
145	404	Angelique BOCK	Open	02:23:24
146	224	Ruth HAMMERSLAGT	Veteran	02:23:31
147	239	Madhanga ELIZABETH	Open	02:23:49
148	666	Diina JESAYA	Open	02:23:57
149	296	Ndjambula SONIA	Open	02:23:58
150	389	Michannette SMIT	Open	02:24:01
151	516	Louise LANDERS	Grand Master	02:24:03
152	324	Hollick BRIGITTE	Master	02:24:05
153	583	Hayleen CLOETE	Open	02:24:14
154	3009	Cintia MARTIN	Veteran	02:24:36
155	3031	Ann KISTING	Veteran	02:24:37
156	3022	Merwena WIESE	Veteran	02:25:02
157	3019	Marieke MOCKE	Open	02:25:02
158	328	Ashili DARIA	Open	02:25:04
159	3205	Eveline IYAMBO	Veteran	02:25:28

Pos	No	Name	Category	Time
160	3305	Rebekka Panda SHIPEPE	Master	02:25:29
161	3172	Johanna KAVENDJII	Veteran	02:26:13
162	3313	Marlene BRENDELL	Open	02:26:19
163	716	Sharon IYAMBO	Open	02:26:41
164	502	Lineekela SHALONGO	Open	02:27:02
165	3016	Sigrid LINUS	Open	02:27:10
166	316	Bella Metarere	Master	02:27:10
167	521	Ruth SHIKOMBA	Veteran	02:27:11
168	451	Marta BRADSHAW	Master	02:27:13
169	3244	Ester HANGO	Open	02:27:15
170	2624	Maria MATSI	Veteran	02:27:17
171	3298	Amy WALTERS	Open	02:27:18
172	3211	Kristine NAIKAKU	Open	02:27:19
173	253	Gideon HOPE	Open	02:27:28
174	3026	Rauna KANU	Veteran	02:29:11
175	3151	Elizabeth AMUTENYA	Open	02:29:28
176	539	Ndapewa HAIPINGE	Open	02:29:37
177	572	Gisela SHILONGO	Open	02:29:48
178	598	Lineekela HAMUTUMWA	Open	02:30:20
179	3033	Sonika VAN ROOYEN	Veteran	02:30:20
180	578	Johanna IYAMBO	Veteran	02:31:21
181	279	Nandjaya NDINELAO	Open	02:31:23
182	439	Frieda LUKAS	Open	02:31:36
183	616	Lolita DE ALMEIDA	Open	02:31:52
184	632	Cherie MCLENNAND	Master	02:32:15
185	3150	Natalie BEUKES	Master	02:32:24
186	721	Ingrid JANKOWSKI	Veteran	02:32:27
187	3217	Maria HAITULA	Open	02:32:37
188	431	Manelia SHAKELA	Veteran	02:32:47
189	3256	Zenobia SHOAKA	Open	02:32:49
190	591	Veraydial HENDRICKS	Open	02:32:51
191	3132	Ponofi VEICO	Veteran	02:33:07
192	3014	Patience CHITATE	Veteran	02:33:38
193	3191	Menessia DIERGAARDT	Veteran	02:33:47
194	3060	Takura Chitsidzo	Veteran	02:33:49
195	3013	Rachel Ndiweni KASHALA	Open	02:34:22
196	390	Taimi Nehale Tuyambeka	Open	02:34:36
197	446	Bertha Ndinomaye	Open	02:34:36
198	2433	Esther HERBST	Grand Master	02:34:44
199	3249	Sirkka NASHANDI	Master	02:35:07
200	3329	Chawapiwa MABVORO	Open	02:35:23
201	612	Hellena SHIHUNGILENI	Open	02:35:30
202	3074	Elina ASHIWA	Veteran	02:35:36
203	3210	Linda NAKASOLE	Open	02:36:01
204	3179	Idda ASINO	Veteran	02:36:38
205	405	Ruusa SHOOWA	Open	02:36:50
206	361	Amorie STEENKAMP	Open	02:36:57
207	641	Hangala TULI	Open	02:37:22
208	3163	Rachida KOCH	Open	02:37:44
209	315	Shinana ANTONIA	Open	02:37:58
210	366	Julia HALUDILU	Open	02:38:02

Pos	No	Name	Category	Time
211	543	Martha NEVONGA	Open	02:38:20
212	604	Fransina NGHIPUILEPO	Open	02:38:24
213	1155	Oshoveli SHALLI	Open	02:38:28
214	3069	Forgiveness MDHLONGWA	Open	02:38:33
215	452	Atuse JOSEF	Open	02:38:45
216	538	Esther AKWEENDA	Open	02:38:46
217	271	Kapitako MILLICENT	Veteran	02:39:00
218	335	Frieda BLIGNAUT	Grand Master	02:39:09
219	3239	Ruusa KAMBONDE	Open	02:39:22
220	313	Lizelle HILL	Veteran	02:39:25
221	240	Kavita ELLA LISA	Open	02:39:41
222	3127	Amwaalwa ALMA	Open	02:39:41
223	681	Mueshitya	Open	02:39:50
224	3153	Albertina AMUKWAYA	Open	02:39:52
225	276	Nuumbembe NANGULA	Veteran	02:41:06
226	416	Ralette MILLER	Veteran	02:41:16
227	424	Retha AUGUSTYN	Veteran	02:41:16
228	298	Mulunga SUAMAH	Open	02:41:18
229	393	Leande OCHS	Open	02:41:20
230	3123	Albertina HAUFIKU	Veteran	02:41:21
231	475	Olivia GENTZ	Open	02:41:25
232	3294	Jennifer BUISWALELO	Open	02:41:30
233	3276	Vaarima Dizona NEPOLO	Open	02:41:38
234	3098	Baby SHIKONGO	Open	02:41:52
235	327	Leigh-Ann NEHOYA	Open	02:42:20
236	472	Ndihole KAULINGE	Open	02:42:48
237	370	Rauha KATONDOKA	Open	02:43:20
238	3102	Verna SCHEEPERS	Master	02:43:27
239	491	Ndilinawa MAKWA	Open	02:43:36
240	303	Shangula TOXIE	Open	02:44:32
241	676	Delita KRAUZE	Veteran	02:44:34
242	3344	Bianca ARING	Veteran	02:45:12
243	628	Belinda LOOTS	Master	02:45:28
244	614	Hess ROBINSON	Master	02:45:54
245	381	Gaylene PAULSE	Veteran	02:46:37
246	680	Christine MITCHELL	Grand Master	02:46:52
247	3111	Huley KURUUO	Open	02:47:11
248	3093	Marencia NEL	Open	02:47:11
249	470	Solange PAHULA	Open	02:47:12
250	669	Cornelia SHILONGO	Veteran	02:47:26
251	3218	Marina MATUNDU	Veteran	02:47:28
252	255	Indongo JATI	Open	02:47:56
253	611	Fransina ANGULA	Open	02:49:07
254	3209	Gizelle ROMAN	Open	02:49:07
255	329	Hilde NASHANDI	Master	02:49:40
256	573	Andi JANKE	Open	02:49:40
257	530	Marilia SIMÃO	Open	02:50:11
258	466	Hilaria SHIKONGO	Open	02:50:20
259	518	Ndapandula AUALA	Open	02:50:21
260	3129	Selinah TJIJAKURA	Open	02:50:22
261	458	Padelia PAULUS	Open	02:50:54

Pos	No	Name	Category	Time
262	3337	Ndawedapo SHAANIKA	Veteran	02:51:06
263	233	George BREGIDA	Open	02:51:11
264	356	Cynthia HENGARI	Veteran	02:51:37
265	386	Elzette SWARTZ	Open	02:52:09
266	3245	Christy SHAKUYUNGWA	Open	02:52:22
267	619	Calida NGHATANGA	Open	02:52:31
268	3214	Jenin Joy GOAGOSES	Open	02:52:56
269	407	Taleni MULUNDU	Open	02:54:13
270	409	Sonya MOSES	Open	02:54:18
271	630	Ellen Mirjam NGESHEYA	Veteran	02:54:28
272	3240	Magano KAMBONDE	Open	02:55:08
273	476	Magaret DU PLESSIS	Grand Master	02:55:50
274	526	Linda NAHOLO	Open	02:56:12
275	633	Hermiena KERKHOF	Veteran	02:56:28
276	375	Ally HERMAN	Open	02:56:34
277	492	Rhonell SEPISO	Open	02:56:38
278	629	Bettie MOUTON	Master	02:56:47
279	3241	Maria TIMOTEUS	Open	02:57:20
280	447	Miller Ndeyapo	Open	02:57:49
281	250	Shoopala HELENA	Veteran	02:58:05
282	489	Katshuna FREDRIKA	Open	02:58:31
283	480	Konstansia SHIVUTE	Open	02:59:31
284	3126	Hilia HITULA	Veteran	03:00:06
285	624	Johanna KAMBALA	Veteran	03:00:40
286	3255	Tengovandu Mickey	Open	03:00:40
287	3154	Fahil HAUFIKU	Open	03:01:10
288	3103	Helen NGODJI	Open	03:01:21
289	268	Uuyuni MAGDALENA	Veteran	03:02:00
290	3171	Ananias ESTHER	Master	03:02:10
291	3281	Reach NANGOLO	Open	03:03:06
292	722	Nadia LE HANE	Veteran	03:03:42
293	494	Tuuliki AMUNYELA	Open	03:04:53
294	238	Boois DESIREE	Open	03:05:17
295	3288	Elina AMADHILA	Open	03:06:47
296	385	Jessica SHAAMA	Open	03:06:49
297	655	Joyce KATJIRUA	Master	03:10:06
298	2218	Evagail GAWESEB	Open	03:10:45
299	3066	Eline ANGULA	Open	03:11:05
300	3137	Hamayulu SALOME	Veteran	03:12:23
301	257	Muhapi JOSEFINA	Veteran	03:14:20
302	560	Tuwilika SHAIMEMANYA	Open	03:15:25
303	3289	Hazel Dawn DE KLERK	Open	03:17:38
304	3312	Josephine	Open	03:17:58
305	3110	Julia KAVARI	Open	03:20:11
306	3274	Anastasia	Open	03:20:23
307	621	Martinette VAN NIEKERK	Master	03:28:15
308	345	Elizabeth JEGEDE	Open	03:33:15
309	372	Pauline AMAGOLA	Open	03:34:25
310	3235	Beatrix UANIVI	Veteran	03:35:28
311	3090	Greater MUKUMBIRA	Veteran	03:45:55
312	658	Sabina KATHENA	Veteran	03:55:52

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Category</b>	<b>Time</b>
313	61	Nokuphila DLAMINI	Open	<b>04:02:54</b>
314	596	Dandago NKOSHI	Open	<b>04:30:46</b>
315	597	Wilhencia UIRAS	Grand Master	<b>04:30:46</b>
316	3197	Sharon KARAMBA	Veteran	<b>04:38:14</b>